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2025 in Review: Job Losses and Rising Unemployment

Oregon's labor force grows slightly despite negative turn in job growth

SALEM, Ore. — Oregon saw job growth in a handful of sectors and experienced a small increase in its labor force, but overall, the state lost jobs in 2025 as the unemployment rate rose nearly a point to 5.2%.

In [reviewing the year](#), state employment economist Gail Krumenauer noted job gains were concentrated in private health care and social assistance, but rising jobless workers resulted in the highest unemployment rate – outside a recession or recovery period – in a decade.

Looking ahead, Oregon's Office of Economic Analysis expects a rebound to slow job gains in 2026.

Visit QualityInfo.org for the full [Year in Review](#) article.

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